NOTTINGHAMSHIRE AMATEUR SWIMMING ASSOCIATION
Combined Championships and Age Groups 2010.

Awards and presentations.

Age Group Champions (BAGCATS). Girls 9–13 and Boys 9–14.

Swimmers are awarded points for their performances within the various Sprint, Form, Distance and Medley categories, The best scores from within each category are added together, trophies are awarded to the top **TEN** swimmers in each age group.

Presentation of these awards takes place after the last gala of the series, for further details please see the swimmers information which will be issued with the cards.

Age Group Champions (Youth) – Girls 14,15,16/18 – Boys 15, 16/18.

Gold, silver and bronze medals to the top three swimmers in each age group.
Age Group plaques are awarded to those finishing 4th, 5th and 6th.

Presentation of these medals/trophies will take place at the end of each session.
Plaques for 4th, 5th and 6th are not presented and should be collected from the trophy desk once the event result has been confirmed.

Senior and Junior Champions.

Gold medals and trophies (where available) to the Champions with Silver and Bronze medals to the runners up.

Note: A junior is under 16yrs on the last day of the series of Galas i.e. 20th March 2010

Top Boy / Top Girl Trophies.

These are presented to the male & female swimmer of any age who scores the most points based on finishing positions 6 pts 1st place then 5,4,3,2,1 on all swims completed in the Championships.

Presentation of these awards takes place at the end of the last gala in the series.

Best Individual Performance Trophies.

These are presented to the male / female swimmers of any age who produce the best individual 'Meet Best Swim of the Championships based on GB points.

Presentation of these awards takes place at the end of the last gala in the series i.e. 20th March 2010

Relay Team Awards.

Gold Medals & Trophies will be presented to the winning teams with silver and bronze medals to the runners up.

Presentations will be made at the end of the Relay Gala.

IMPORTANT:- Swimmers who do not turn up for presentations forfeit their awards.

If there are exceptional extenuating circumstances an appeal against the withholding of the trophies **must** be submitted in writing by the Chairman or Secretary of the swimmers base club to the Secretary of Nottinghamshire A.S.A.
Under no circumstances should swimmers/parents/coaches/team managers approach the Gala officials on poolside directly concerning these matters.

NOTTINGHAMSHIRE AMATEUR SWIMMING ASSOCIATION
Combined Championships and Age Groups 2010.

	British Age Group Categories (BAGCATS)			
	BOYS		GIRLS	
9 Years	Sprint Form Stroke Distance IM	- best 50m - best 200m Back/Breast/Fly - 200m Free - 100/200m	Sprint Form Stroke Distance IM	- best 50m - best 200m Back/Breast/Fly - 200m Free - 100/200m
10 Years	Sprint Form Stroke Distance IM	- best 50m - best 200m Back/Breast/Fly - 200/400m Free - 100/200/400m	Sprint Form Stroke Distance IM	- best 50m - best 200m Back/Breast/Fly - 200/400m Free - 100/200/400m
11 Years	Sprint Form Stroke Distance IM	- best 50m - best 200m Back/Breast/Fly - 200/400m Free - 100/200/400m	Sprint 100s Form Stroke Distance IM	- best 50m - best 100m - best 200m Back/Breast/Fly - 200/400/800m Free - 100/200/400m
12 Years	Sprint 100s Form Stroke Distance IM	- best 50m - best 100m - best 200m Back/Breast/Fly - best 200/400/800/1500mFree - best 100/200/400m	Sprint 100s Form Stroke Distance IM	- best 50m - best 100m - best 200m Back/Breast/Fly - best 200/400/800/1500m Free - best 100/200/400m
13 Years	Sprint 100s Form Stroke Distance IM	- best 50m - best 100m - best 200m Back/Breast/Fly - best 200/400/800/1500m Free - best 100/200/400m	Sprint 100s Form Stroke Distance IM	- best 50m - best 100m - best 200m Back/Breast/Fly - best 200/400/800/1500m Free - best 100/200/400m
14 Years	Sprint 100s Form Stroke Distance IM	- best 50m - best 100m - best 200m Back/Breast/Fly - best 200/400/1500m Free - best 100/200/400m	INDIVIDUAL	

Swimmers may enter any event for which they have a qualifying time.

Please note the following:

- The 'reverse' events i.e. Boys 800m and Girls 1500m, **are included** in the BAGCAT championship.
- Bagcat points are accumulated only on the heat swims, i.e. points from finals **are not included.**
- For 2010 the points will be based on FINA points (previously GB points) and age correction factors are no longer applied. This means a given time will give the same number of points irrespective of the swimmers age.