

EVENT 621 Womens 09/10 Yrs 200m Free.Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	50	100	150
1.	Leander - A		NottmLeander	2:30.65	244	37.12	1:16.20	1:52.93
2.	Bramcote - A		Bramcote	2:41.19	199	39.34	1:20.52	2:04.32
3.	Sherwood		Sherwood	2:43.95	189	37.57	1:15.26	2:02.72
4.	Leander - B		NottmLeander	2:44.55	187	42.83	1:18.97	2:01.67
5.	Retford		Retford	2:44.59	187	39.77	1:19.25	-
6.	CABSC		Calv Bing	2:47.61	177	39.63	1:25.09	2:05.81
7.	Radford - A		Radford	2:50.78	168	47.54	2:09.55	-
8.	Sutton - A		Sutton	2:51.12	167	43.54	1:23.47	2:06.77
9.	Mansfield		Mansfield	2:55.02	156	43.57	2:07.80	-
	Worksop - A		Worksop	DNC				

EVENT 622 Mens 09/10 Yrs 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	50	100	150
1.	Sutton - A		Sutton	2:59.36	128	44.24	-	2:18.85
2.	Bramcote - A		Bramcote	3:00.08	126	44.60	1:32.75	2:18.81
3.	Sherwood		Sherwood	3:13.90	101	45.60	1:38.18	-
4.	Leander - A		NottmLeander	3:15.10	99	51.42	1:36.02	-
5.	Falcon		Falcon Nttm	3:42.56	67	51.56	-	-

EVENT 623 Womens 12/UN 200m Freestyle Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	50	100	150
1.	Bramcote - A		Bramcote	2:06.21	416	31.08	1:02.82	1:35.76
2.	Leander - A		NottmLeander	2:08.27	396	30.76	1:02.73	1:36.59
3.	Retford		Retford	2:10.66	375	31.95	1:05.26	1:40.10
4.	Arnold - A		Arnold	2:12.67	358	33.44	1:07.48	1:41.99
5.	Sutton - A		Sutton	2:12.73	357	31.61	1:05.41	1:38.89
6.	Sherwood		Sherwood	2:13.66	350	31.47	1:05.72	1:40.37
7.	Bramcote - B		Bramcote	2:14.39	344	33.15	1:08.02	1:40.49
8.	Worksop - A		Worksop	2:15.73	334	31.69	1:06.71	1:41.55
9.	Leander - B		NottmLeander	2:17.01	325	33.27	1:06.76	1:40.79
10.	Carlton Forum		CarltonForum	2:19.94	305	33.06	1:08.41	1:46.17
11.	Radford - A		Radford	2:21.06	298	36.79	1:13.70	1:49.40
12.	Falcon - A		Falcon Nttm	2:21.19	297	32.26	1:08.37	1:44.80
13.	Kimberley		Kimberley	2:21.37	296	37.76	1:12.42	1:47.92
14.	Worksop - B		Worksop	2:21.57	294	35.09	1:10.94	1:46.04
15.	CABSC		Calv Bing	2:23.58	282	34.13	1:10.72	1:46.88
16.	Newark		Newark	2:25.58	271	-	-	1:52.61
17.	Bircotes		Bircotes	2:29.92	248	33.97	1:13.13	1:53.97
18.	Sutton - B		Sutton	2:30.15	247	37.86	1:14.40	1:52.80
19.	Radford - B		Radford	2:35.76	221	40.72	1:18.95	1:56.03
20.	Falcon - B		Falcon Nttm	2:37.44	214	37.89	-	-

EVENT 624 Mens 12 /UN 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	50	100	150
1.	Mansfield		Mansfield	2:18.38	279	33.83	1:14.93	1:48.42
2.	CABSC - A		Calv Bing	2:20.65	266	36.84	1:14.73	1:47.67
3.	CABSC - B		Calv Bing	2:30.47	217	37.05	1:18.89	1:56.19
4.	Radford		Radford	2:32.38	209	36.88	1:20.17	1:58.27
5.	Sutton - A		Sutton	2:32.44	209	40.88	1:25.35	1:59.59
6.	Leander - A		NottmLeander	2:33.28	205	39.16	1:26.59	2:00.33
7.	Worksop		Worksop	2:33.81	203	38.47	1:23.65	1:59.14
8.	Newark		Newark	2:34.72	200	38.93	1:21.59	2:00.74
9.	Retford		Retford	2:35.94	195	40.97	1:25.31	2:03.05
10.	Arnold		Arnold	2:36.10	194	40.66	1:25.19	2:00.97
11.	Bramcote - A		Bramcote	2:38.51	186	38.30	1:24.69	2:03.11
12.	Sherwood		Sherwood	2:44.36	166	37.51	-	2:08.98
13.	Sutton - B		Sutton	2:55.16	137	41.12	1:31.90	2:18.60
14.	Carlton Forum - A		CarltonForum	2:55.53	137	42.67	1:38.11	2:16.35
15.	Leander - B		NottmLeander	2:58.61	130	43.92	1:33.92	2:20.17

EVENT 625 Womens 14/UN 200m Freestyle Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	50	100	150
1.	Leander - A		NottmLeander	1:57.60	514	30.20	59.31	1:29.17
2.	Sherwood		Sherwood	1:58.49	503	29.69	59.23	1:29.68
3.	Kimberley		Kimberley	1:58.82	498	29.16	1:00.90	1:30.41
4.	Sutton - A		Sutton	1:59.20	494	30.47	1:00.13	1:29.52
5.	Arnold - A		Arnold	2:00.79	474	30.89	1:01.51	1:31.06
6.	CABSC		Calv Bing	2:02.41	456	30.57	1:01.14	1:32.66
7.	Bramcote - A		Bramcote	2:02.58	454	29.54	59.88	1:33.45
8.	Retford		Retford	2:02.81	451	28.60	59.69	1:29.83
9.	Sutton - B		Sutton	2:04.26	436	30.74	1:02.05	1:33.00
10.	Newark		Newark	2:04.98	428	30.95	1:03.27	1:36.36
11.	Leander - B		NottmLeander	2:05.17	426	30.13	59.84	1:33.07
12.	Radford - A		Radford	2:06.38	414	31.65	1:04.90	1:36.19
13.	Worksop - A		Worksop	2:07.09	407	29.61	1:02.88	1:34.62
14.	Arnold - B		Arnold	2:07.23	406	32.61	1:05.30	1:37.32
15.	Falcon - A		Falcon Nttm	2:09.46	385	31.02	1:02.17	1:35.35
16.	Mansfield		Mansfield	2:11.05	371	32.53	1:04.16	1:36.06
17.	Carlton Forum		CarltonForum	2:12.81	357	31.63	1:03.71	1:38.90

EVENT 626 Mens 14 /UN 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	50	100	150
1.	Worksop		Worksop	2:06.39	367	30.70	1:06.21	1:36.57
2.	CABSC - A		Calv Bing	2:06.65	364	32.51	1:09.64	1:39.12
3.	Retford		Retford	2:09.06	344	34.28	1:09.53	1:40.20
4.	Sutton - A		Sutton	2:09.51	341	30.10	1:06.40	1:40.63
5.	Leander - A		NottmLeander	2:09.98	337	-	1:10.64	1:41.19
6.	Leander - B		NottmLeander	2:12.22	320	34.06	1:09.14	1:43.18
7.	Newark		Newark	2:16.60	290	37.41	1:15.21	1:46.87
8.	Radford		Radford	2:18.36	279	34.65	1:14.30	1:47.71
9.	Arnold		Arnold	2:18.47	279	33.49	-	1:48.46
10.	Sherwood		Sherwood	2:18.69	277	37.05	1:23.67	1:49.61
11.	Sutton - B		Sutton	2:20.96	264	33.95	1:11.78	1:47.67
12.	Carlton Forum - A		CarltonForum	2:22.92	253	36.87	1:18.72	-
13.	Bramcote - A		Bramcote	2:25.12	242	35.09	1:16.07	1:53.87
14.	Falcon		Falcon Nttm	2:28.61	225	35.14	1:18.91	1:54.66

EVENT 627 Womens 16 /UN 200m Freestyle Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	50	100	150
1.	Sherwood		Sherwood	1:55.53	542	30.12	59.14	1:28.05
2.	Sutton - A		Sutton	1:56.02	535	28.95	58.42	1:28.46
3.	CABSC		Calv Bing	1:56.94	523	27.86	58.06	1:28.27
4.	Leander - A		NottmLeander	1:57.44	516	29.07	58.43	1:28.86
5.	Radford - A		Radford	2:00.29	480	30.41	1:01.25	1:30.65
6.	Worksop - A		Worksop	2:03.09	448	29.79	1:00.88	1:29.99
7.	Bramcote - A		Bramcote	2:03.32	446	30.61	1:01.76	1:34.61
8.	Leander - B		NottmLeander	2:03.85	440	29.91	59.88	1:32.83
9.	Carlton Forum		CarltonForum	2:09.58	384	30.76	1:04.90	1:38.17

EVENT 628 Mens 16/UN 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	50	100	150
1.	CABSC - A		Calv Bing	2:01.07	417	31.20	1:04.63	1:34.30
2.	Bramcote - A		Bramcote	2:01.17	416	31.97	1:04.65	1:34.56
3.	Radford		Radford	2:01.40	414	31.22	1:03.52	1:32.75
4.	Kimberley		Kimberley	2:02.23	406	28.54	1:04.87	1:33.33
5.	Sutton - A		Sutton	2:02.33	405	31.92	1:04.78	1:34.89
6.	Worksop		Worksop	2:07.44	358	30.70	1:07.66	1:38.89
7.	Bramcote - B		Bramcote	2:18.60	278	36.46	1:11.23	-
	Sherwood		Sherwood	DQ O 3L				
	Leander - A		NottmLeander	DQ ST				
	Leander - B		NottmLeander	DQ T 1L				

EVENT 629 Womens Open 400m Freestyle Team

Full Results									
Place	Name	A.G	Club	Time	FINA Pt				
1.	Leander - A		NottmLeander	3:59.96	637				
	50m 29.80	100m 1:00.56	150m 1:29.68	200m 2:01.41	250m 2:29.93	300m 3:00.13	350m 3:28.66	400m 3:59.96	
2.	Sherwood		Sherwood	4:06.80	586				
	50m 30.06	100m 1:02.67	150m 1:31.20	200m 2:01.67	250m 2:31.64	300m 3:03.98	350m 3:33.92	400m 4:06.80	
3.	Sutton - A		Sutton	4:08.52	573				
	50m 30.24	100m 1:03.63	150m 1:32.79	200m 2:04.92	250m 2:33.82	300m 3:05.69	350m 3:35.26	400m 4:08.52	
4.	CABSC		Calv Bing	4:08.65	573				
	50m 29.91	100m 1:02.27	150m 1:32.14	200m 2:04.00	250m 2:35.03	300m 3:08.55	350m 3:37.86	400m 4:08.65	
5.	Falcon - A		Falcon Nttm	4:14.61	533				
	50m 28.86	100m 1:00.77	150m 1:31.38	200m 2:05.89	250m 2:35.37	300m 3:09.01	350m 3:40.40	400m 4:14.61	
6.	Arnold - A		Arnold	4:19.76	502				
	50m 31.64	100m 1:06.07	150m 1:37.27	200m 2:12.20	250m 2:42.55	300m 3:16.81	350m 3:46.45	400m 4:19.76	
7.	Worksop - A		Worksop	4:25.34	471				
	50m 32.10	100m 1:07.84	150m 1:37.95	200m 2:11.34	250m 2:42.81	300m 3:50.56	350m -	400m 4:25.34	

EVENT 630 Mens Open 400m Medley Team

Full Results									
Place	Name	A.G	Club	Time	FINA Pt				
1.	Retford		Retford	4:06.89	524				
	50m 28.45	100m 1:00.11	150m 1:34.35	200m 2:15.59	250m 2:43.11	300m 3:12.65	350m 3:37.99	400m 4:06.89	
2.	Leander - A		NottmLeander	4:07.85	518				
	50m 30.02	100m 1:01.93	150m 1:36.04	200m 2:14.58	250m 2:42.05	300m 3:13.45	350m 3:39.16	400m 4:07.85	
3.	Sutton - A		Sutton	4:13.42	485				
	50m 30.60	100m 1:04.53	150m 1:38.59	200m 2:17.73	250m 2:45.93	300m 3:18.02	350m 3:44.41	400m 4:13.42	
4.	Radford		Radford	4:14.32	480				
	50m 31.47	100m 1:02.87	150m 1:36.86	200m 2:12.79	250m 2:41.41	300m 3:16.53	350m 3:43.84	400m 4:14.32	
5.	CABSC - A		Calv Bing	4:14.93	476				
	50m 29.99	100m 1:02.38	150m 1:37.59	200m 2:17.38	250m 2:45.58	300m 3:19.64	350m 3:45.76	400m 4:14.93	
6.	Mansfield		Mansfield	4:18.90	455				
	50m 30.49	100m 1:03.01	150m 1:37.56	200m 2:20.76	250m 2:48.26	300m 3:19.74	350m 3:46.74	400m 4:18.90	
7.	Bramcote - A		Bramcote	4:19.33	452				
	50m 30.09	100m 1:02.31	150m 1:37.71	200m 2:16.56	250m 2:45.90	300m 3:21.54	350m 3:49.12	400m 4:19.33	
8.	CABSC - B		Calv Bing	4:21.93	439				
	50m 31.00	100m 1:03.94	150m 1:38.17	200m 2:16.64	250m 2:46.21	300m 3:21.34	350m 3:48.52	400m 4:21.93	
9.	Sherwood		Sherwood	4:22.26	437				
	50m 30.70	100m 1:03.06	150m 1:40.46	200m 2:22.72	250m 2:51.98	300m 3:25.29	350m 3:52.06	400m 4:22.26	
10.	Falcon		Falcon Nttm	4:23.65	431				
	50m 30.62	100m 1:03.60	150m 1:38.06	200m 2:17.55	250m 2:47.46	300m 3:22.15	350m 3:51.99	400m 4:23.65	
11.	Carlton Forum - A		CarltonForum	4:24.02	429				
	50m 30.51	100m 1:02.56	150m 1:37.08	200m 2:15.77	250m 2:47.45	300m 3:23.88	350m 3:52.67	400m 4:24.02	
12.	Arnold		Arnold	4:25.14	423				
	50m 33.20	100m 1:10.20	150m 1:42.19	200m 2:19.40	250m 2:48.17	300m -	350m 3:51.24	400m 4:25.14	
13.	Carlton Forum - B		CarltonForum	4:28.88	406				
	50m 32.27	100m 1:06.21	150m 1:41.31	200m 2:21.66	250m 2:51.61	300m 3:28.04	350m 3:57.16	400m 4:28.88	

EVENT 631 Womens 09/10 Yrs 200m Medley Team

Full Results									
Place	Name	A.G	Club	Time	FINA Pt	50	100	150	
1.	Leander - A		NottmLeander	2:52.16	220	40.44	1:30.24	2:13.23	
2.	Bramcote - A		Bramcote	2:53.34	216	46.77	2:15.86	2:53.60	
3.	Sherwood		Sherwood	3:06.94	172	49.95	1:47.57	2:27.99	
4.	CABSC		Calv Bing	3:13.98	154	48.95	1:38.07	2:33.68	
5.	Retford		Retford	3:14.54	152	-	-	2:35.56	
6.	Leander - B		NottmLeander	3:15.15	151	48.11	1:43.30	2:30.83	
7.	Radford - A		Radford	3:15.28	151	51.29	1:49.06	-	
8.	Sutton - A		Sutton	3:21.19	138	-	-	2:34.96	
	Worksop - A		Worksop	DNC					
	Mansfield		Mansfield	DQ ST					

EVENT 632 Mens 09/10 Yrs 200m Freestyle Team

Full Results									
Place	Name	A.G	Club	Time	FINA Pt	50	100	150	
1.	Bramcote - A		Bramcote	2:37.86	143	39.15	1:20.97	2:00.42	
2.	Sutton - A		Sutton	2:40.16	137	36.71	1:15.84	1:57.39	
3.	Sherwood		Sherwood	2:53.59	107	41.14	1:24.61	2:12.32	
4.	Leander - A		NottmLeander	2:59.91	96	-	1:31.39	2:17.46	
5.	Falcon		Falcon Nttm	3:05.16	88	42.49	-	-	

EVENT 633 Womens 12 /UN 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	50	100	150
1.	Bramcote - A		Bramcote	2:22.85	386	35.07	1:15.72	-
2.	Leander - A		NottmLeander	2:25.15	368	37.59	1:19.69	1:52.30
3.	Arnold - A		Arnold	2:28.06	346	35.97	1:17.79	1:56.86
4.	Retford		Retford	2:30.96	327	37.98	1:23.54	1:59.89
5.	Sutton - A		Sutton	2:31.31	325	40.06	1:24.06	2:18.27
6.	Sherwood		Sherwood	2:34.64	304	40.05	1:25.13	2:02.82
7.	Bramcote - B		Bramcote	2:36.10	296	-	1:23.72	2:01.31
8.	CABSC		Calv Bing	2:37.98	285	40.57	1:22.17	-
9.	Falcon - A		Falcon Nttm	2:38.14	284	39.08	1:25.22	2:01.88
10.	Leander - B		NottmLeander	2:38.82	281	39.82	1:26.29	2:03.97
11.	Worksop - A		Worksop	2:40.31	273	42.91	1:26.99	2:05.62
12.	Carlton Forum		CarltonForum	2:41.94	265	39.07	-	-
13.	Worksop - B		Worksop	2:44.98	250	41.20	1:26.47	2:08.59
14.	Kimberley		Kimberley	2:46.08	245	40.44	1:25.72	2:10.38
15.	Newark		Newark	2:46.24	245	41.68	-	2:05.91
16.	Bircotes		Bircotes	2:56.75	203	43.44	1:34.17	-
17.	Sutton - B		Sutton	2:57.17	202	43.86	1:35.23	2:20.04
18.	Radford - B		Radford	3:00.85	190	-	1:34.19	2:24.29
19.	Falcon - B		Falcon Nttm	3:13.77	154	-	2:34.91	-
	Radford - A		Radford	DQ FI 6L				

EVENT 634 Mens 12 /UN 200m Freestyle Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	50	100	150
1.	Mansfield		Mansfield	2:03.60	298	30.45	1:02.40	1:33.54
2.	CABSC - A		Calv Bing	2:08.73	264	33.25	1:04.69	1:37.62
3.	Radford		Radford	2:11.17	249	31.84	1:03.78	1:38.22
4.	Leander - A		NottmLeander	2:11.97	245	31.76	1:03.93	1:39.62
5.	Sutton - A		Sutton	2:13.75	235	31.66	1:05.71	1:40.58
6.	Newark		Newark	2:14.54	231	31.73	1:06.99	1:41.91
7.	Worksop		Worksop	2:16.87	219	32.59	1:07.61	1:42.05
8.	CABSC - B		Calv Bing	2:17.12	218	33.97	1:07.73	1:43.22
9.	Retford		Retford	2:17.47	216	34.27	1:08.26	1:43.75
10.	Arnold		Arnold	2:17.62	216	34.26	1:10.61	-
11.	Sherwood		Sherwood	2:19.52	207	34.63	1:07.32	1:43.60
12.	Bramcote - A		Bramcote	2:20.53	203	33.04	1:10.59	1:46.83
13.	Sutton - B		Sutton	2:28.10	173	35.21	1:13.91	1:50.75
14.	Carlton Forum - A		CarltonForum	2:34.66	152	39.17	1:21.12	1:59.83
15.	Leander - B		NottmLeander	2:40.88	135	37.28	1:16.57	1:56.60

EVENT 635 Womens 14/UN 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	50	100	150
1.	Sherwood		Sherwood	2:11.19	498	33.56	1:10.98	1:41.94
2.	Sutton - A		Sutton	2:13.13	477	33.92	1:11.96	1:43.33
3.	Leander - A		NottmLeander	2:13.36	474	32.82	1:13.23	1:44.04
4.	Kimberley		Kimberley	2:15.54	452	35.29	1:13.27	1:46.97
5.	Arnold - A		Arnold	2:15.91	448	35.00	1:13.89	1:46.78
6.	Bramcote - A		Bramcote	2:16.27	445	33.73	1:14.86	1:45.84
7.	CABSC		Calv Bing	2:17.73	431	34.69	1:13.59	1:47.05
8.	Retford		Retford	2:18.14	427	35.11	1:11.65	1:47.16
9.	Sutton - B		Sutton	2:18.97	419	34.39	1:13.78	1:48.22
10.	Newark		Newark	2:21.74	395	35.13	1:15.45	1:48.69
11.	Arnold - B		Arnold	2:21.92	393	33.28	1:14.84	1:50.10
12.	Leander - B		NottmLeander	2:23.34	382	-	1:20.15	1:53.12
13.	Radford - A		Radford	2:25.57	365	36.42	1:15.62	1:52.19
14.	Worksop - A		Worksop	2:26.93	355	33.31	1:15.50	1:53.83
15.	Falcon - A		Falcon Nttm	2:28.81	341	37.02	1:16.65	1:53.86
16.	Carlton Forum		CarltonForum	2:29.97	333	37.30	1:20.48	1:54.88
17.	Mansfield		Mansfield	2:32.86	315	33.78	1:20.42	2:00.91

EVENT 636 Mens 14/UN 200m Freestyle Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	50	100	150
1.	CABSC - A		Calv Bing	1:54.07	379	28.09	56.32	1:26.02
2.	Worksop		Worksop	1:55.67	364	28.53	58.44	1:25.63
3.	Retford		Retford	1:55.88	362	29.70	57.71	1:27.35
4.	Sutton - A		Sutton	1:56.82	353	27.39	57.34	1:27.06
5.	Leander - A		NottmLeander	1:56.95	352	29.49	58.57	1:27.20
6.	Arnold		Arnold	1:58.30	340	30.17	1:00.88	1:30.83
7.	Leander - B		NottmLeander	1:59.55	329	29.45	59.56	1:29.62
8.	Sherwood		Sherwood	1:59.97	326	28.27	57.51	1:29.09
9.	Newark		Newark	2:01.14	317	32.26	1:02.79	1:31.80
10.	Radford		Radford	2:02.80	304	30.67	1:01.54	1:32.26
11.	Carlton Forum - A		CarltonForum	2:03.13	301	31.08	1:02.33	1:37.08
12.	Bramcote - A		Bramcote	2:05.14	287	30.92	1:02.92	1:34.45
13.	Sutton - B		Sutton	2:10.90	251	31.47	1:02.89	1:37.68
14.	Falcon		Falcon Nttm	2:12.43	242	31.48	-	1:42.12
15.	Bircotes		Bircotes SC	2:19.30	208	34.26	1:07.90	1:45.62

EVENT 637 Womens 16/UN 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	50	100	150
1.	Leander - A		NottmLeander	2:07.16	547	31.90	1:07.63	1:38.81
2.	Sutton - A		Sutton	2:09.57	517	33.68	1:08.17	1:41.33
3.	Sherwood		Sherwood	2:09.98	512	32.59	1:09.15	1:40.78
4.	CABSC		Calv Bing	2:10.75	503	34.58	1:10.95	1:40.61
5.	Radford - A		Radford	2:11.65	493	35.25	1:10.55	1:42.06
6.	Bramcote - A		Bramcote	2:15.77	449	32.83	1:42.64	-
7.	Worksop - A		Worksop	2:17.13	436	33.13	1:11.67	1:43.30
8.	Leander - B		NottmLeander	2:20.06	409	33.84	1:13.32	1:50.90
9.	Carlton Forum		CarltonForum	2:24.71	371	39.18	1:20.10	1:54.92

EVENT 638 Mens 16/UN 200m Freestyle Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	50	100	150
1.	Leander - A		NottmLeander	1:47.11	458	27.22	54.30	1:20.75
2.	Bramcote - A		Bramcote	1:47.74	450	27.06	54.56	1:21.38
3.	Radford		Radford	1:48.04	446	26.76	53.35	1:22.31
4.	CABSC - A		Calv Bing	1:48.21	444	26.85	53.82	1:21.67
5.	Kimberley		Kimberley	1:49.42	430	28.67	58.06	1:24.26
6.	Sutton - A		Sutton	1:50.71	415	27.40	55.54	1:23.91
7.	Leander - B		NottmLeander	1:52.24	398	27.20	55.62	1:23.64
8.	Sherwood		Sherwood	1:52.50	395	28.17	56.13	1:26.62
9.	Bramcote - B		Bramcote	2:03.63	298	30.42	1:03.10	1:35.56
10.	Bircotes Worksop		Bircotes SC Worksop	2:05.42 DQ O 4L	285	35.65	57.76	1:32.63

EVENT 639 Womens Open 400m Medley Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	50m	100m	150m	200m	250m	300m	350m	400m
1.	Leander - A		NottmLeander	4:28.04	593	50m 31.13	100m 1:04.58	150m 1:39.34	200m 2:18.31	250m 2:50.22	300m 3:31.31	350m 3:56.53	400m 4:28.04
2.	Sutton - A		Sutton	4:37.40	535	50m 32.74	100m 1:07.67	150m 1:46.14	200m 2:29.05	250m 2:59.83	300m 3:37.39	350m 4:06.13	400m 4:37.40
3.	Sherwood		Sherwood	4:38.98	526	50m 33.23	100m 1:08.32	150m 1:45.23	200m 2:27.48	250m 3:00.27	300m 3:36.75	350m 4:06.39	400m 4:38.98
4.	Arnold - A		Arnold	4:39.03	525	50m 36.13	100m 1:50.84	150m -	200m 2:30.08	250m 3:02.96	300m 3:38.54	350m 4:07.24	400m 4:39.03
5.	CABSC		Calv Bing	4:40.07	519	50m 34.26	100m 1:10.55	150m 1:48.33	200m 2:30.70	250m 3:02.56	300m 3:40.17	350m 4:09.17	400m 4:40.07
6.	Falcon - A		Falcon Nttm	4:52.52	456	50m 36.42	100m 1:15.42	150m 1:53.91	200m 2:38.09	250m 3:08.31	300m 3:45.23	350m 4:16.43	400m 4:52.52
7.	Worksop - A		Worksop	4:56.44	438	50m 33.90	100m 1:10.01	150m 1:49.85	200m 2:34.64	250m 3:08.66	300m 3:48.30	350m 4:20.72	400m 4:56.44

EVENT 640 Mens Open 400m Freestyle Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	50m	100m	150m	200m	250m	300m	350m	400m
1.	Retford		Retford	3:41.13	569	50m 25.91	100m 54.13	150m 1:20.50	200m 1:49.79	250m 2:16.56	300m 2:46.51	350m 3:12.90	400m 3:41.13
2.	Sutton - A		Sutton	3:42.37	560	50m 27.05	100m 56.42	150m 1:23.02	200m 1:53.15	250m 2:19.78	300m 2:49.18	350m 3:14.27	400m 3:42.37
3.	Leander - A		NottmLeander	3:42.64	558	50m 26.22	100m 54.81	150m 1:22.53	200m 1:51.97	250m 2:18.64	300m 2:48.75	350m 3:14.16	400m 3:42.64
4.	Sherwood		Sherwood	3:46.55	529	50m 26.79	100m 55.61	150m 1:23.93	200m 1:54.99	250m 2:21.76	300m 2:50.54	350m 3:16.94	400m 3:46.55
5.	Radford		Radford	3:47.95	519	50m 27.45	100m 56.40	150m 1:24.15	200m 1:54.52	250m 2:21.58	300m 2:51.50	350m 3:47.95	400m 3:47.95
6.	Bramcote - A		Bramcote	3:50.54	502	50m 27.10	100m 57.21	150m 1:24.70	200m 1:55.61	250m 2:23.37	300m 2:53.33	350m 3:20.79	400m 3:50.54
7.	CABSC - A		Calv Bing	3:51.10	498	50m 27.04	100m 56.99	150m 1:24.51	200m 1:55.23	250m 2:23.34	300m 2:53.78	350m 3:20.67	400m 3:51.10
8.	Leander - B		NottmLeander	3:52.41	490	50m 27.41	100m 56.91	150m 1:25.45	200m 1:56.59	250m 2:23.18	300m 2:55.79	350m 3:22.61	400m 3:52.41
9.	Mansfield		Mansfield	3:53.46	484	50m 26.35	100m 54.55	150m 1:20.45	200m 1:50.17	250m 2:19.70	300m 2:53.16	350m 3:21.38	400m 3:53.46
10.	Carlton Forum - A		CarltonForum	3:54.22	479	50m 27.52	100m 57.52	150m 1:26.22	200m 1:57.25	250m 2:25.79	300m 2:56.93	350m 3:24.45	400m 3:54.22
11.	Falcon		Falcon Nttm	3:58.19	455	50m 27.74	100m 59.06	150m 1:27.95	200m 1:59.92	250m 2:28.20	300m 2:58.97	350m 3:27.55	400m 3:58.19
12.	CABSC - B		Calv Bing	3:58.80	452	50m 28.97	100m 59.81	150m 1:27.86	200m 1:58.36	250m 2:27.40	300m 2:58.91	350m 3:27.24	400m 3:58.80
13.	Arnold		Arnold	3:59.86	446	50m 29.88	100m 1:03.58	150m 1:32.68	200m 2:05.67	250m 2:32.92	300m 3:03.41	350m 3:30.78	400m 3:59.86
14.	Carlton Forum - B		CarltonForum	4:05.29	417	50m 28.96	100m 1:00.40	150m 1:28.92	200m 2:01.34	250m 2:31.19	300m 3:03.92	350m 3:32.74	400m 4:05.29