NOTTINGHAMSHIRE ASA
COUNTY CHAMPIONSHIPS 2020

Junior Championship 14/under Senior Championship 15/Over
County Championship Age Bandings: 10/11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16/Ov

BOYS (Age as at 31st December 2020)						
	10 / 11yrs	12 yrs	13yrs	14yrs	15	16/Ov
50 FREE	37.4	34.5	32.5	31.4	30.9	30.9
100 FREE	1:22.3	1:16.3	1:10.1	1:07.5	1:04.4	1:04.4
200 FREE	3:02.8	2:46.8	2:33.3	2:30.1	2:26.9	2:26.9
400 FREE	6:22.8	5:49.7	5:22.5	5:00.8	4:39.2	4:39.2
800 FREE		11:00.0	10:50.0	10:40.0	10:20.0	10:20.0
1500 FREE		22:00.0	20.30.0	19:00.0	18.30.0	18.30.0
50 BACK	43.6	40.0	37.1	35.8	34.5	34.5
100 BACK	1:30.9	1:26.1	1:18.9	1:15.8	1:13.2	1:13.2
200 BACK	3:22.3	3:04.7	2:49.2	2:45.2	2:41.1	2:41.1
50 BREAST	50.4	44.4	42.3	40.1	39.0	39.0
100 BREAST	1:49.7	1:37.7	1:33.6	1:28.2	1:26.2	1:26.2
200 BREAST	3.52.5	3:31.2	3:20.9	3:20.9	3:13.0	3:13.0
50 FLY	43.5	39.9	36.8	35.4	34.0	34.0
100 FLY	1:52.7	1:33.7	1:28.2	1:21.2	1:18.4	1:18.4
200 FLY	3.42.0	3:29.7	3:17.4	3:03.6	2.53.5	2:53.5
200 IM	3:26.6	3:08.7	2:53.7	2:47.9	2:41.5	2:41.5
400 IM		6:22.9	5:57.4	5:43.2	5:28.7	5:28.7

GIRLS (Age as at 31st December 2020)						
	10 / 11yrs	12 yrs	13yrs	14yrs	15yrs	16/Ov
50 FREE	37.1	35.1	33.7	31.9	31.9	31.9
100 FREE	1:21.6	1:15.5	1:11.9	1:08.6	1:06.4	1:06.4
200 FREE	2.56.1	2:42.9	2:34.5	2:31.6	2:28.9	2:28.9
400 FREE	6:06.5	5:39.0	5:21.9	5:08.3	4:55.0	4:55.0
800 FREE		11:00.0	10:30.0	10:20.0	10.10.0	10.10.0
1500 FREE		24:00.0	23:00.0	22:00.0	21:00.0	21:00.0
50 BACK	42.0	39.9	38.1	37.1	36.1	36.1
100 BACK	1:31.3	1:24.2	1:19.7	1:17.5	1:15.2	1:15.2
200 BACK	3:13.3	2:59.9	2:50.8	2:45.9	2:40.9	2:40.9
50 BREAST	47.6	45.0	43.2	41.4	39.6	39.6
100 BREAST	1:43.8	1:35.9	1:30.9	1:27.4	1:25.0	1:25.0
200 BREAST	3:42.4	3:25.7	3:13.2	3:08.3	3:08.3	3.08.3
50 FLY	42.6	38.6	36.7	36.2	35.7	35.7
100 FLY	1:48.1	1:28.1	1:23.8	1:20.1	1:18.3	1:18.3
200 FLY	3:39.0	3:23.5	3:19.9	3:04.7	3:00.0	3:00.0
200 IM	3:20.2	3:03.7	2:54.7	2:50.2	2:45.6	2:45.6
400 IM		6:36.5	6:11.5	5:50.1	5.28.7	5:28.7

Should the championships be oversubscribed then the promoters reserve the right to reject the slowest entries. This will be achieved by applying a percentage reduction in the qualifying times across each age. Taking into account the number of swimmers and the overall length of the session.