NOTTINGHAMSHIRE ASA
COUNTY CHAMPIONSHIPS 2023

Internal Club Entry Form

Team Event Details:

Club:	
Team Name:	
Team Gender:	Male / Female / Mixed
Point of Contact:	
Email Address:	

Each submitted time enters the Club team in that event in the Championships.
No entry can be accepted without a submitted time.
No swimmer may swim as a member of a team, having entered the individual events in the 2023 County Championships as a member of another club.

Sunday 26th March at Harvey Hadden (**Long Course**)

		Entry Time		
Event	**Age Group**	**MIXED Sunday AM**	**MALE Sunday**	**FEMALE Sunday**
4 x 50m Freestyle Relay	09/10			
4 x 50m Freestyle Relay	12/Under			
4 x 50m Freestyle Relay	14/Under			
4 x 50m Freestyle Relay	16/Under			
4 x 50m Freestyle Relay	Open		XXXXXXXXX	XXXXXXXXX
4 x 100m Freestyle Relay	Open	XXXXXXXXX		
4 x 50m Medley Relay	09/10			
4 x 50m Medley Relay	12/Under			
4 x 50m Medley Relay	14/Under			
4 x 50m Medley Relay	16/Under			
4 x 50m Medley Relay	Open		XXXXXXXXX	XXXXXXXXX
4 x 100m Medley Relay	Open	XXXXXXXXX		

Please submit estimated times based on the anticipated members of your team, note these times will not be changed and are for seeding purposes only.

Total number of entries submitted .....x £10.00 per entry = £.....

Only A and B teams will be accepted per event.
Each team must have its own team manager.

There is a compulsory team manager meeting before the start of the relay gala that ALL team managers **MUST** attend. If a team manager does not attend the meeting then team will **not** be allowed to compete in the gala.