



Nottinghamshire A.S.A.
Presents

Festive Frenzy Gala 2022



(Under Swim England Regulations and Technical Rules of Swimming)
(Licensed Level 3 - 3EM222120)

Saturday 3rd and Sunday 4th December 2022
Harvey Hadden Sports Village, Nottingham, 25m Pool

Saturday Afternoon Session

101	10/OV	Mixed	400m	IM
102	09/OV	Female	200m	Freestyle
103	09/OV	Male	200m	Freestyle

Comfort Break

104	09/OV	Female	100m	Butterfly
105	09/OV	Male	100m	Butterfly
106	09/OV	Female	200m	Backstroke
107	09/OV	Male	200m	Backstroke

Sunday Morning Session

201	09/OV	Female	200m	Breaststroke
202	09/OV	Male	400m	Freestyle
203	09/OV	Female	100m	Freestyle
204	09/OV	Male	100m	Backstroke
205	09/OV	Female	100m	Breaststroke
206	09/OV	Male	200m	Butterfly
207	09/OV	Female	200m	IM

Sunday Afternoon Session

301	09/OV	Male	200m	Breaststroke
302	09/OV	Female	400m	Freestyle
303	09/OV	Male	100m	Freestyle
304	09/OV	Female	100m	Backstroke
305	09/OV	Male	100m	Breaststroke
306	09/OV	Female	200m	Butterfly
307	09/OV	Male	200m	IM

ALL COMMUNICATION WILL BE VIA THE WEBSITE AND EMAIL

Meet Time Line (for guidance) will be published once entries have closed

**Qualification Event for the
2022 Nottinghamshire County Championships**

Age as at 4th December 2022, 9-15 years and Over

**Closing date for entries is midnight Friday 18th November 2022
Entry fee per event £6.50**

Coaches Passes cost £15 each (Both Days covered) - Max. 4 per club

**ALL entries must be submitted electronically using SportSystems Entry Manager
and emailed to the meet administrator by the closing date above.**

**This meet will be first come first served, so please get your entries in early to avoid
disappointment.**

Electronic entry files to be emailed to: wintergala@notts-swimming.co.uk