**Nottinghamshire ASA**
**Presents**

# The Summer Gala 2023

(Under Swim England Regulations and Technical Rules)
**(Licensed Level 3 - 3EM231104)**

## Saturday 15th & Sunday 16th July 2023

Harvey Hadden Sports Village, Nottingham, 25m Pool

## INDIVIDUAL ENTRY FORM - FOR CLUB USE ONLY

| | | | |
|---|---|---|---|
| **Name:** | | **Date of Birth:** | |
| **Club:** | | **ASA Registration Number:** | |
| **Gender:** | Male / Female | **Telephone Number:** | |
| **E-Mail:** | | | |

| Event | Time in 25m Pool |
|---|---|
| 100m Freestyle | |
| 200m Freestyle | |
| 400m Freestyle | |
| 100m Backstroke | |
| 200m Backstroke | |
| 100m Breaststroke | |
| 200m Breaststroke | |
| 100m Butterfly | |
| 200m Butterfly | |
| 200m Individual Medley | |

**No of entries on this form …….. @ £6.00 = £……..**

- The competition is open to swimmers who are members of any Swim England Affiliated Club.
- All swimmers must reach the qualification standard for the event they are entering but not be faster than the upper limit times.
- The 400m Freestyle event may be limited depending on the entry level for the meet.

**RETURN THE COMPLETED FORM TO YOUR CLUB COORDINATOR**

**PLEASE MAKE ANY CHEQUES PAYABLE TO**

# THIS FORM IS FOR INTERNAL CLUB USE ONLY.

**DO NOT SEND THIS AS YOUR ENTRY FORM AS IT WILL NOT BE ACCEPTED.**
**ENTRIES MUST BE SUBMITTED ELECTRONICALLY**
**USING SPORTSYSTEMS ENTRY MANAGER VIA YOUR CLUB**