



Nottinghamshire ASA  
Presents

# The Summer Gala 2025

(Under Swim England Regulations and Technical Rules)  
Licensed Level 3 - 3EM251166



**Saturday 19<sup>th</sup> & Sunday 20<sup>th</sup> July 2025**  
Harvey Hadden Sports Village, Nottingham, 25m Pool

The aim of this event is to give swimmers of county and regional standard the opportunity to compete at the end of the season and continue training with a purpose.

**NOTE: All warm up and start times are provisional.  
To be confirmed when the entries have closed**

## Saturday

Afternoon - Warm Up 1:30pm				Evening - Warm Up TBA			
101*	Open/Male	400m	Freestyle	201*	Female	400m	Freestyle
102	Female	200m	IM	202	Open/Male	200m	IM
103	Open/Male	100m	Backstroke	203	Female	100m	Backstroke

## Sunday

Morning - Warm Up 8:00am				Afternoon - Warm Up TBA			
301	Open/Male	200m	Freestyle	401	Female	200m	Freestyle
302	Female	200m	Breaststroke	402	Open/Male	200m	Breaststroke
303	Open/Male	100m	Butterfly	403	Female	100m	Butterfly
304	Female	100m	Freestyle	404	Open/Male	100m	Freestyle
305	Open/Male	200m	Backstroke	405	Female	200m	Backstroke
306	Female	200m	Butterfly	406	Open/Male	200m	Butterfly
307	Open/Male	100m	Breaststroke	407	Female	100m	Breaststroke

All communication will be via the county website and by email.

[www.notts-swimming.co.uk](http://www.notts-swimming.co.uk)

**Ages are Age at date, 20<sup>th</sup> July 2025**

Awards for the top 3 in the each age band:  
9, 10, 11, 12, 13, 14, 15/OV

**Final closing date for entries is Friday 27<sup>th</sup> June 2025**

Entry fee per event £7.50

Poolside Passes cost £17.50 each (covers both days).

**All entries must be submitted electronically via the club and emailed to the meet administrator by the closing date.**

Electronic entry files to be emailed to: [summergala@notts-swimming.co.uk](mailto:summergala@notts-swimming.co.uk)

\*400m events may be limited on heats depending on overall timing for the day.



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